



Beit Sagol

Breaking the Intergenerational Cycle of Distress for Parents with Learning & Attention Disabilities

Beit Sagol is a pioneering Israeli network of multidisciplinary centers dedicated to a "transparent" and underserved population: parents with complex learning disabilities and attention deficit and hyperactivity disorders. By providing a holistic, long-term "home" for these families, we prevent child-at-risk situations and ensure that parental disabilities do not translate into a second generation of social and emotional hardship.



The Challenge: The "Transparent" Disability

While significant resources are directed toward children with learning and attention disabilities, the adult population—specifically as they navigate the complexities of parenthood—is often overlooked.

- **The Burden of Parenting:** Disabilities that were manageable in youth become debilitating when faced with household management, financial planning, and the emotional regulation required to raise children.
- **Co-morbidity & Risk:** Many of our parents struggle with secondary emotional and mental health challenges, leading to social isolation and difficulty in accessing traditional community services.
- **Intergenerational Impact:** Without intervention, these challenges create high-stress home environments, putting children at risk of developmental delays and out-of-home placement.

Our Solution: The Beit Sagol Model

Founded in 2007 by Mrs. Tova Sagol, Beit Sagol operates **6 professional centers** (Herzliya, Karmiel, Rishon LeZion, Ashdod, Modi'in, and Yokneam). Our model is unique globally, offering a "one-stop-shop" for systemic family rehabilitation.

Key Pillars of the Model:

- **A "Living Laboratory" Home:** The centers simulate a healthy home environment. Parents and children participate in workshops and courses, practicing real-world organizational skills in a supportive setting.
- **Holistic Multi-System Support:** We treat the family as an organic unit. Interventions include individual parenting coaching, expressive therapy, couples counseling, and grandparent involvement.



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- **Parallel Programming:** While parents receive professional training, children are engaged in therapeutic social activities on-site. This allows the staff to observe and mediate parent-child interactions in real-time.
- **Long-Term Continuity:** Unlike short-term workshops, Beit Sagol provides multi-year accompaniment, adapting the parental support plan as children grow from infancy through elementary school.

Impact & Reach (2025 Data)

Our professional teams—comprising social workers, occupational therapists, and educational consultants—work alongside a robust network of volunteers to deliver measurable change.

Metric	Current Reach
Families active in custom programs at the centers	250
Children impacted by ongoing family programs	470
Volunteer Workforce	110
Network Scale	6 Municipal Centers

Our Goals

- **Enhance Parental Competence:** Move parents from a state of helplessness to a state of mastery in daily life.
- **Prevent Out-of-Home Placement:** Keep families together by providing the tools needed to manage a safe, stable, and nurturing household.
- **Advocacy:** Serve as the national voice for parents with LD/ADHD, ensuring their unique needs are recognized by welfare and educational authorities.

Why Support Beit Sagol? :

Beit Sagol is a **preventative** investment. By providing accessible, adapted, and long-term support, we reduce the future burden on social services and the healthcare system. We transform at-risk families into thriving, self-sufficient units, ensuring that a parent's disability does not define a child's future.